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The Netherlands
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It is hereby certified that

Mr. L.A. Sijtsma
Achtvoet 2
8713 JL HINDELOOPEN
The Netherlands

hereinafter called 'the diver' whose date of birth is

14th of October 1970

has been medically examined by me and that he is fit to dive. The medical examination complies with the Dutch health and safety legislation (AB 6.14a, 6.14b e/o AR 6.5 lid 1). The medical examination was conducted in accordance with the requirements of Nogepe (The Netherlands), OLF (Norwegian Oil Industry Association) and OGUK (United Kingdom former UKOOA). This is in accordance with the so-called Hardanger Agreement (9th July 2000).

The diver medical examination is in accordance with the MA1 issued by the UK Health and Safety Executive (HSE) in October 2015 and with the IMCA recommendations for the professional diver medical examination (IMCA note D-061 October 2018).

The diver should be medically examined within a period of twelve months from the date of this certificate.

Date of issue

24th of May 2023

Signature of medical doctor



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BHV & Veiligheidstrainingen - Arbodienstverlening - Medische Keuringen

S.J. Hoitinga, occupational physician.
Approved by the NDC CI to issue certificates of medical fitness to dive.
Registration number: 01A-AB-180122-040.001, valid until: 22-01-2026

S.J. Hoitinga
NDCBA keuringsarts 21097
Registratie tot 1-1-2024